

Turning Technology-Related Evidence into Optimal Protocols for Line Maintenance

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Michele Biscossi is a paid consultant for BD.



- Discuss the impact of needleless connector design on documented risk of contamination, complications and cost.
- 2. Describe optimal design features identified in both in-vitro and in-vivo studies
- 3. Discuss integration of recently reported, evidencebased data into design-specific needleless connector protocols

Sometimes we just need to change our perspective...

Needleless Connector Evolution



- All provide an access point
- Designs evolved to improve:
 - Safety
 - Effectiveness
 - Efficiencies
- All have varying degrees of risk and benefits associated with protocols for use in various clinical settings

Evolution of Needleless Technology

1980's	1991	2000	2001	2005	
Bloodborne pathogen exposure risks gain greater attention	Occupational Safety & Health Administratio n (OSHA) recommends healthcare facilities use "engineering controls" to help protect Health Care Workers from these pathogens	Needlestick Safety and Prevention Act (Pub. L 106-430) signed into law	Engineered controls, including Needleless Connector (NC) systems mandatory under Needlestick Safety and Prevention Act	FDA recognizes microbial risk with NC's Testing should demonstrate disinfection procedures used are effective for removing microorganisms from the device	FDA revises Guidance Testing should demonstrate disinfection procedures are effective
H	ealthcare Wo	Patient Protection			

Health Care Worker Protection



- Risk of infection from contaminated sharp?¹
 - Hepatitis B 1 in 5 (if you're not vaccinated)
 - Hepatitis C 1 in 50
 - HIV 1 in 300
- \$51 to \$3,766- average cost per exposure to the healthcare institution²
- \$71- \$4,838- 2004 study of 4 facilities showed a range of cost of exposure management³
- \$1 Million or more- costs related to lost work time/disability payments due to serious infection⁴
- Intangible Costs of Exposure
 - Emotional Distress
 - Physical Distress
 - Family Impact
 - Co-Worker Impact

1. https://www.premierinc.com/needlestick/downloads/cdc-sharps-brochure-10-01-07.pdf

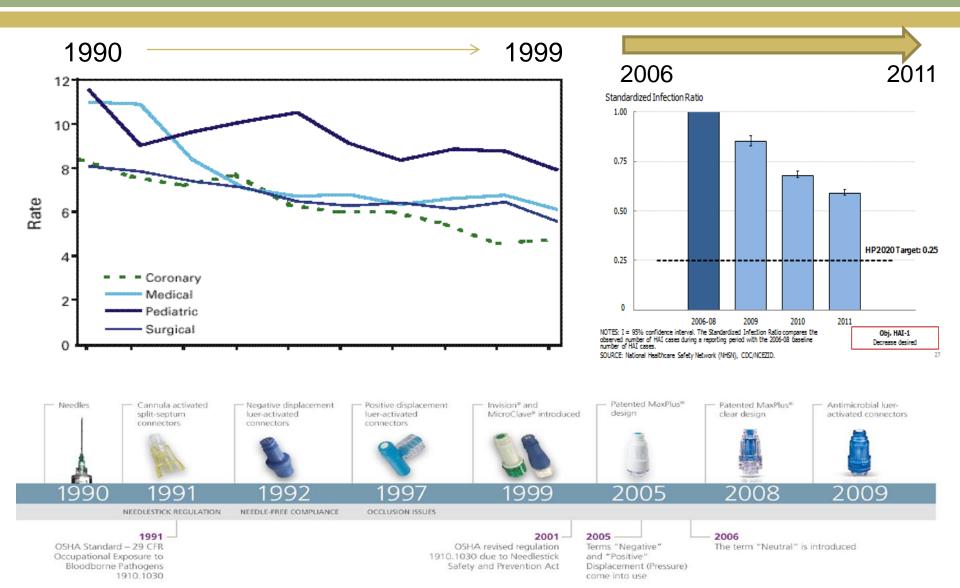
3. infection Control, May 2004

5. American Hospital Association "Pugliese & Salahuddin" 1999

^{2.} Lee J. et al, "A systematic review of the economic and humanistic burden of needlestick injury in the United States" American Journal of I

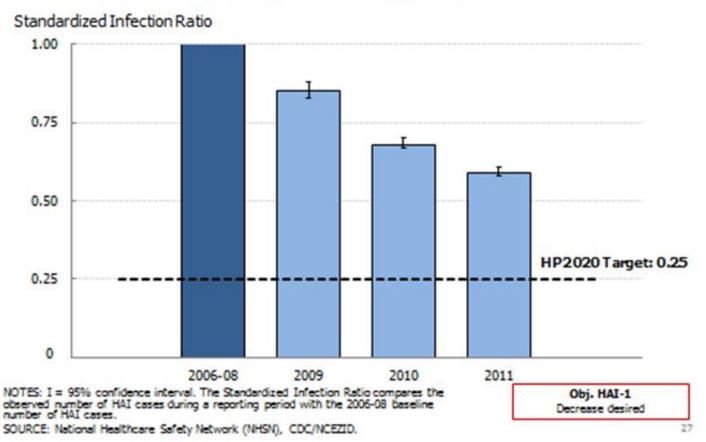
^{4.} O'Malley EM, et al, "Costs of management of occupational exposures to blood and body fluids" Infection Control Hospital Epidemiology. 2007 Jul; 28 (7):774-783

Nationwide Statistics of Interest



Contribution of Design to Contamination

Central Line-Associated Bloodstream Infections (CLABSI), 2006–2011



Early Evolution



Now we understand the **Critical Features**:

ACCESS SURFACE is solid and sealed

- Could be effectively disinfected
- No crevices, slits, holes or gaps that can trap or allow contaminants to penetrate the connector



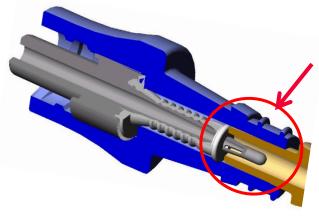
INTERNAL DESIGN is *simple*

- No internal cannulas or complex mechanisms
- No empty space within the fluid path OR the housing
 - This empty space is at risk for contamination, yet cannot be disinfected or flushed.

Luer Activated Design Introduced

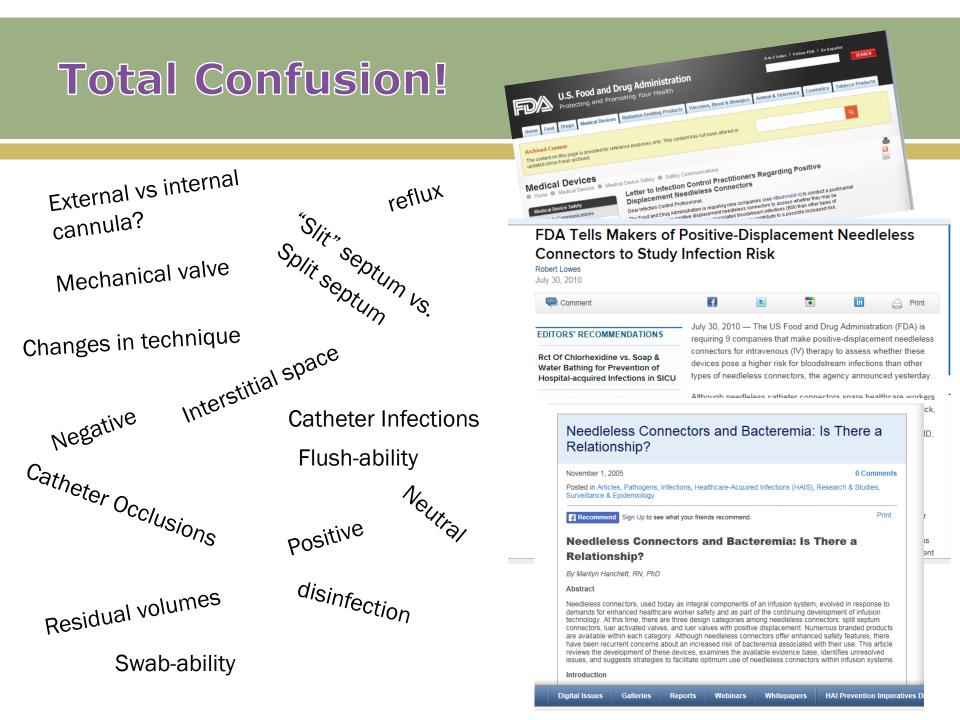
These critical features were not recognized and luer designs eliminated them, replacing with:

- Access surface with splits, slits, gaps, crevices and holes – non-solid surfaces through which contamination can penetrate
 - Internal cannula, springs and sleeves created extra space outside the fluid path
 - Internal mechanism was concealed



Internal cannula creates complex mechanism

External cannula requires extra part or needle



Contamination Risk Related to Needleless Connector Design is Not a New Concept

"The internal mechanism of the valve contains moving parts which introduces irregularities in the fluid flow and may promote stagnation and create potential reservoirs for microbial growth."²

"difficulty in sterilizing the gap between the valve and the hub"³

"intricate access surfaces that are more difficult to disinfect"⁴

"mechanical valve could be more difficult to disinfect because of the complicated nature of the multi-part device"⁵

- 2. Rupp, M., et al., 2007, Outbreak of bloodstream infection temporally associated with the use of an intravascular needleless valve Clinical Infectious Diseases, v. 44, p. 1408-14.
- 3. Field K., et al. Incidence of Catheter-Related Bloodstream Infection Among Patients with a Needleless, Mechanical Valve-Based Intravenous Connector in an Australian Hematology-Oncology Unit. ICHE 2007; 28:610-613.
- 4. Maragakis LL, et al. Increased catheter related bloodstream infection rates after the introduction a new mechanical valve intravenous access port. Infect Control Hosp Epidemiology 2006;27:67–70.
- 5. Salgado CD, et al., Increased Rate of Catheter-Related Bloodstream Infection Associated with Use of a Needleless Mechanical Valve Device at a Long-Term Acute Care Hospital. ICHE 2007; 28:684-688.

There is More than Meets the Eye



It's what's under the surface that can do the most damage

Guidelines and Standards of Practice

CDC 2011 Guidelines

Needleless Intravascular Catheter Systems Recommendations

- 1. Change the needleless components at least as frequently as the administration set. There is no benefit to changing these more frequently than every 72 hours. [39, 187–193]. Category II
- Change needleless connectors no more frequently than every 72 hours or according to manufacturers' recommendations. Category II

Which recommendation do you follow?

Refer to device manufacturers' recommendations for use

Infusion Nursing Standards of Practice Revised 2016, S68

F. Perform a vigorous mechanical scrub for manual disinfection of the needleless connector prior to each VAD access and allow it to dry.

- Acceptable disinfecting agents include 70% isopropyl alcohol, iodophors (ie, povidone-iodine), or > 0.5% chlorhexidine in alcohol solution. 7,16 (II)
- 2. Length of contact time for scrubbing and drying depends on the design of the needleless connector and the properties of the disinfecting agent.

For 70% isopropyl alcohol, reported scrub times range from 5 to 60 seconds with biocide activity occurring when the solution is wet and immediately after drying. 3,17,18 (II)

 Use vigorous mechanical scrubbing methods even when disinfecting needleless connectors with antimicrobial properties (eg, silver coatings).
 19-24 (IV)

INS Standards of Practice, 2016 Changing the Needleless Connector S68

Change the needleless connector no more frequently than 96-hour intervals. Changing on a more frequent time interval adds no benefit and has been shown to increase the risk of CLABSI.

1. When used within a continuous infusion system, the needleless connector is changed when the primary administration set is changed (eg, 96 hours)

3. Additionally, the needleless connector should be changed in the following circumstances: if the needleless connector is removed for any reason; if there is residual blood or debris within the needleless connector; prior to drawing a sample for blood culture from the VAD; upon contamination; per organizational policies, procedures, and/or practice guidelines; or **per the manufacturer's directions for use** (see Standard 49, Infection). 7,34,35 (IV)

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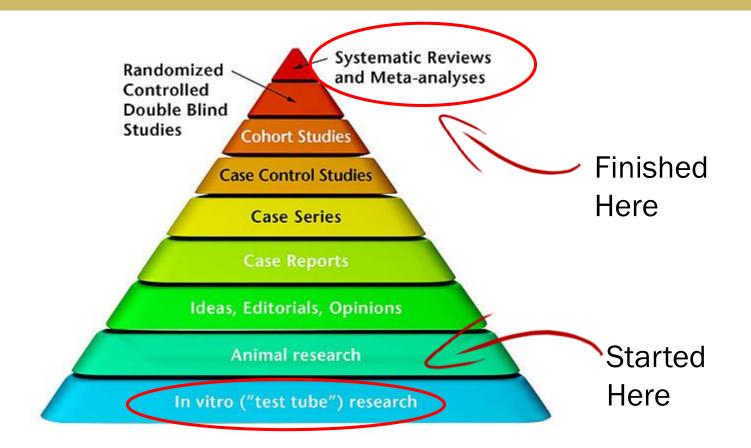
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Healthcare Worker Protection				Patient Protection	

Manufacturers' Evidence

Under the Microscope

Strength of Evidence



In-Vitro Study Completed

Randomized Controlled Studies Control Studies Care Control Studies Care Areis Careis Care

Journal of Infusion Nursing January 2015 (Anna Casey et al)

Study Purpose: Identify any differences between the rates of microbial ingress into different devices following contamination.



- Tested 5 second and 15 second disinfection protocols.
- 7-day clinical simulation = repeated microbial contamination of access surface and disinfection followed by saline flushes.
- Plus blood aspiration through the devices, mimicking blood discard and sampling, commonly carried out in clinical practice.

Interesting Conclusions

- The MaxPlus was associated with ingress of significantly fewer microorganisms compared with the other devices tested.
- Significantly fewer CFU were recovered from needleless IV access devices with relatively large priming volumes, such as MaxPlus, than those with small priming volumes.
- The MaxPlus was associated with significantly fewer contaminated administration set male luers than the other devices tested, which supports the conjecture that the injection site design may protect the male luer sterility.



Systematic Reviews

Case Series





Two Critical Features





ACCESS SURFACE is solid and sealed

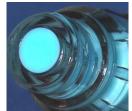
- Can be effectively disinfected
- No crevices, slits, holes or gaps that can allow contaminants to penetrate the connector

INTERNAL DESIGN is **simple**

 No internal cannula or complex mechanism creating empty space in the connector outside the fluid pathway, where contamination can become trapped and cannot be flushed or disinfected.

This In-vitro study demonstrated the importance of these features for effective decontamination, 5 and 15 seconds were equally effective in reducing contamination on the MaxPlus.

This study also reported 5 and 15 second disinfection times were ineffective in reducing contamination of some other designs.





Meta-Analysis





Contents lists available at ScienceDirect

American Journal of Infection Control



journal homepage: www.ajicjournal.org

Sources searched for studies:

MEDLINE







- ClinicalTrials.gov
- Embase
- Cochrane Database
- Studies using the positivedisplacement study NC compared with negative- or neutraldisplacement NCs were analyzed.

Studies included in Meta-Analysis

Seven studies met the inclusion criteria:

- 9 4 were conducted in intensive care units
 - One Pediatric Cardiac ICU
 - One Neonatal ICU
 - Two Medical ICU
- 1 in a home health setting
- ∞ 2 in long-term acute care settings.



Systematic Reviews

Controlled

Case Serie

Similarity in Conclusions

A Needleless Connector with improved engineering design that facilitates effective IV line care is associated with lower risk of bacterial contamination.

Many NCs have become complex in design. The complexities might have made some NCs harder to disinfect, flush completely, or use correctly, all of which could contribute to the risk of complications.









Feasibility of Using Existing Public and Private Data Sources for Nationwide Medical Device Post-marketing Safety Surveillance

In order to satisfy an FDA post-market surveillance request, **CareFusion undertook the largest analysis known to-date for needleless connectors.**

Used 2013 Center for Medicare and Medicaid Services Hospital Compare data

- ∞ 3,074 hospitals
- so Nearly 11,000 recorded events
- so Nearly 10 million catheter days
- ⁵⁰ Merged with Manufacturer's client database



Feasibility of Using Existing Public and Private Data Sources for Nationwide Medical Device Post-marketing Safety Surveillance

The advantages of using publicly reported outcome data such as used in this study include:

- 1) There is no sampling bias, because all eligible hospitals are included
- 2) There is no potential conflict of interest compared to data collected by manufacturers themselves
- 3) It is most current with minimal time lag
- 4) The comparison is concurrent, which eliminates potential bias inherent to pre-post period study designs.

Evidence from the Meta-Analysis and the CMS Data Analysis



CareFusion submitted data from the Meta-Analysis article (Jarvis et al) and the CMS Data Analysis to the FDA in response to a request for Post Market Surveillance.

Based on this data, the FDA provided input to CareFusion. CareFusion added the following statement to the MaxPlus DFU:

2013 CMS Hospital Compare data from 3,074 hospitals, accounting for nearly 11,000 CLABSIs associated with nearly 10 million catheter days show that hospitals using CareFusion MaxPlus needleless connector had lower unadjusted CLABSI rates, as well as lower standardized infection ratios, compared to hospitals not using MaxPlus needleless connector.



MaxPlus[®] needleless connector

Manufactured for CareFusion Switzerland 317 Sàrl CH-1180 Rolle

Distributed by CareFusion San Diego, CA USA 1.800.854.7128 - Systematic Review

and Meta-analyse

ase Control Stud

Randomized

Controlled Double Bline Studies





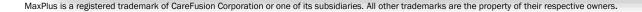
INDICATIONS FOR USE:

The MaxPlus is a sterile, single patient use, positive displacement connector for needleless access to the IV line and/or IV catheter during IV therapy. The MaxPlus connector can be used for direct injection, intermittent infusion, continuous infusion or aspiration.

Description:

The MaxPlus needleless connector is a closed luer activated device. The accessing ISO male luer from standard administration sets, extension sets, and syringes activate the flow of fluid through the device. The MaxPlus features Tru-Swab® technology which provides a flat, smooth surface for optimum disinfection during pre-access swabbing. The positive displacement feature of the MaxPlus product produces a positive bolus of fluid to clear the catheter upon disconnection of the male luer.

2013 CMS Hospital Compare data from 3,074 hospitals, accounting for nearly 11,000 CLABSIs associated with nearly 10 million catheter days show that hospitals using CareFusion MaxPlus needleless connector had lower unadjusted CLABSI rates, as well as lower standardized infection ratios, compared to hospitals not using MaxPlus needleless connector.



FDA Post Market Surveillance



- Systematic Review and Meta-analyses

Randomized Controlled Double Blin

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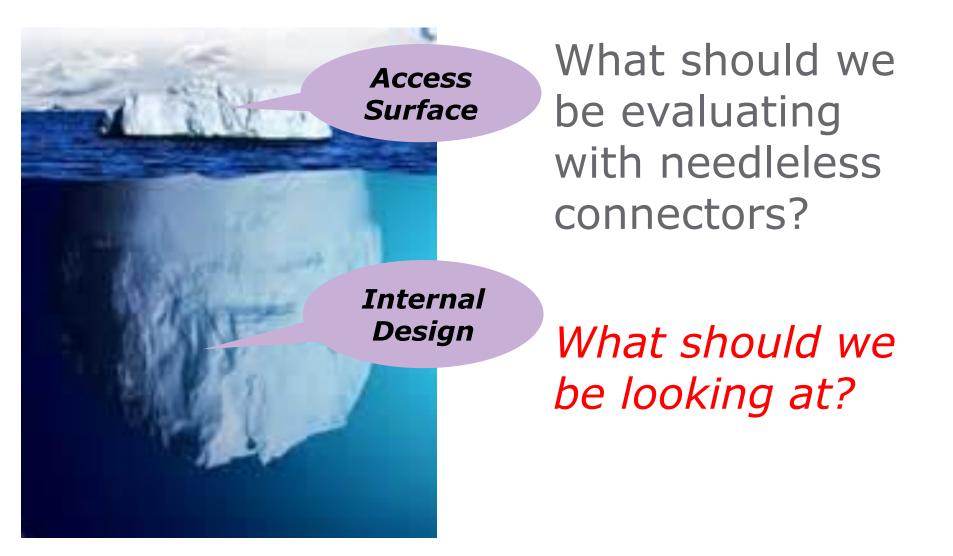
Case Serie

This is the future for medical devices.





There's more than meets the eye ...



"Preferred Design" & Extended Usage

OPPORTUNITIES TO IMPROVE DISINFECTION & PATIENT CARE

Features to improve disinfecting & flushing techniques:

- Solid access surface
- Sealed between access surface and housing
- **Completely fluid filled design** • with a one piece internal mechanism (no internal cannula or complicated design)



ICT | December 2013

The Food and Drug Administration (FDA) has regulatory authority over the marketing of needleless connectors. The requirements for marketing have changed over time. In 2005, the FDA recognized that there is a microbial risk with needleless connectors. The guidance released that year said, "The testing should demonstrate that disinfection procedures you use are effective for removing microorganism from the device." However, in 2008, this guidance changed and became less clear, stating "The testing should demonstrate that disinfection procedures you use are effective." Unfortunately, that allowed some laboratory studies to demonstrate the transfer of microorganisms, rather than validating the removal of them. This still leaves a concern of organism transfer. which would have been otherwise avoided if the organism were removed in the first place. FDA requirements should mimic the clinical situation and be straightforward and consistent for manufacturers

It is imperative that the healthcare professional develop and adhere to manufacturer recommended disinfection protocols for their needleless connectors and use a sterile end cap on the male luer of the IV tubing during intermittent infusions to help reduce the risk of contamination. This disinfection process should specify the specific disinfecting agent, the method for disinfection (e.g., scrub the access surface) and the duration such disinfection should occur; such requirements may be needleles connector specific

CHARACTERISTICS OF NEEDLELESS CONNECTORS When identifying a disinfection protocol,

it is important to consider the features of

At a rate of approximately 385,000 per vear, sharps injuries posed a great issue to healthcare professionals, including an increased risk for bloodborne pathogen transmission.

The Whole Picture





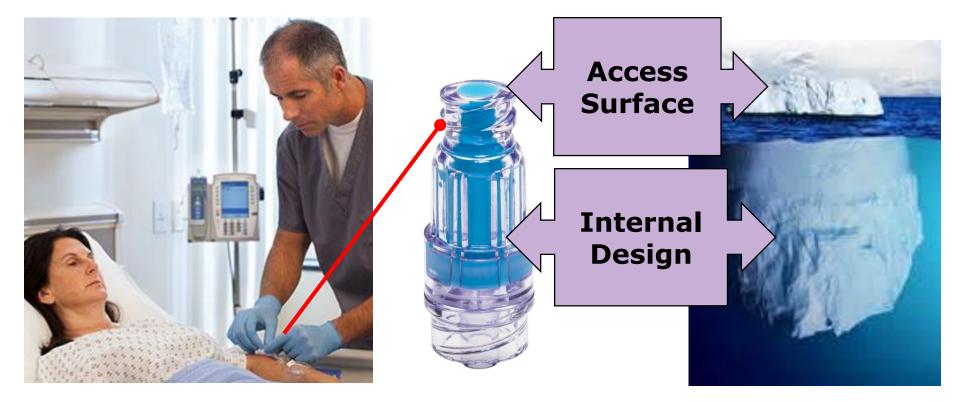
Great Two Bedroom Home

- Quiet neighborhood
- Attached garage
- Close to Shopping
- Beautiful view of the river

Canoe Optional!!!!!!

Needleless Connectors

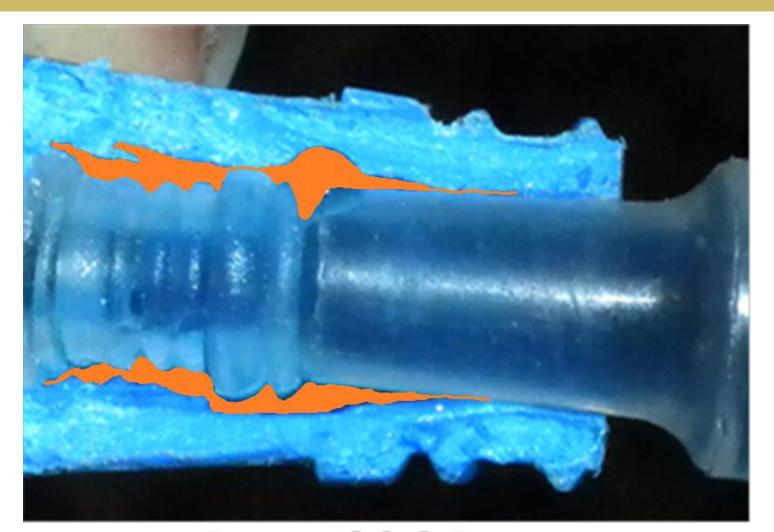
Preventing complications and contamination, and reducing costs



A thorough evaluation requires a look at the Whole Picture

Internal Design





Interstitial Space

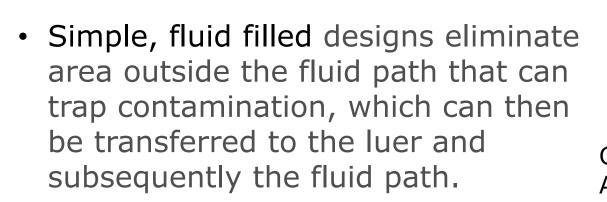
Access Surface



Slits, Crevices, and Spaces



Internal Design



- *The steps to contamination in* Complex Designs:
 - 1. Internal space outside fluid path traps contamination
 - 2. Contamination is passed to the male luer during access
 - 3. Repeated access passes contamination to the fluid path

Simple Designs: Cannula Luer

Activated

Luer Activated

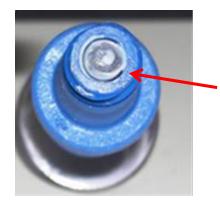




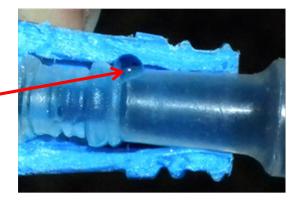
Multiple actuations

Design determines protocol

- How many times can the device be accessed?
- Disinfection
 - Cleaning the injection surface to remove contamination and prevent contaminates from being pushed into internal space
- Fluid filled or internal space
 - Are there areas that are not part of the fluid path within the device that can trap contamination?



Split Top and interstitial space leads to contamination —





Change Out Practice

Access Surface



Guidance for Industry and FDA Staff

Intravascular Administration Sets Premarket Notification Submissions [510(k)]

Document issued on: July 11, 2008

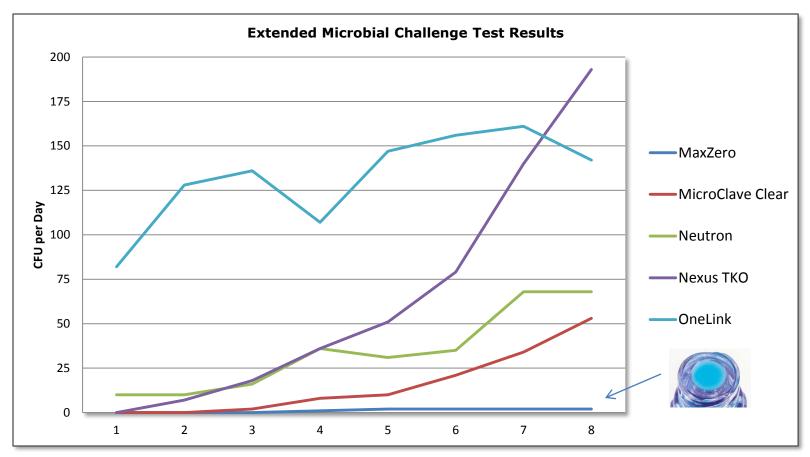
8. Microbial Ingress Testing

- The FDA recommends that manufacturer's conduct microbial ingress testing of needleless connector devices. The testing is intended to simulate repeated access.
- Manufacturer's support dwell time recommendations with simulated clinical use testing which must demonstrate effective disinfection over multiple days of testing with multiple inoculations and multiple accesses.

TESTING PROCEDURE	
Round 1 Blood	• Inoculate, allow to dry 30 minutes
Aspiration	 Disinfect 3 seconds, allow to dry 30 seconds
	 Activation: flush each device with a new 10 mL saline flush syringe
	• Aspiration: Draw 5 mL of 10% (v/v) bovine blood through each device using the empty
	syringe by drawing the plunger back. Push the aspirated blood to waste. Repeat
	• Disinfect
	• Activation: flush each device with a new 10 mL saline syringe to waste
Round 2, 3, 4	• Inoculate, allow to dry 30 minutes
Simulated IV	 Disinfect 3 seconds, allow to dry 30 seconds
Therapy	 Activation: flush each device with a new 10 mL saline flush syringe
Round 5	 Inoulate, allow to dry 3 minutes
Simulated	 Disinfect 3 seconds, allow to dry 30 seconds
Intermittent	• Prolonged activation: connect a sterile 10 mL saline syringe to each device and flush
Therapy	approximately 8 mL from flush syringe and leave syringe attached to test device for one
using the same	hour, then flush remaining 2 mL saline
luer and prolong	• With same syringe, repeatedly access test device without fully disconnecting luer 12
access	times
Eight Day	 Repeal rounds 1 through 5 once every 24 hours over eight (8) days
Simulated Use	• Final eluate flirtation is repeated at end of each day for each test device

Long Term Use: Extended Microbial Challenge Test

Test completed at independent third party laboratory, LGGS. Simulated clinical use included blood draw, 25 accesses per day over 8 days, 5 inoculations per day with a 3 second disinfection protocol.



The ability to use a connector for an extended period to maintain a closed line varies depending on internal design and access surface design. The time is determined by microbial ingress testing following FDA Guidelines.

Simple designs with solid sealed access surface

- Solid sealed access surface can be easily and quickly disinfected, allowing little or no bacteria to enter the connector
- Evidence supports 7 day change out

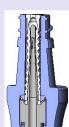


Complex designs with splits, slits, crevices and internal cannula or other mechanisms

- Evidence demonstrates ineffective disinfection and areas inside connector that can trap contamination
- Evidence does not support 7 day change out







Disinfection Practice

3-5 Second Disinfection

- Connector design has a solid, sealed access surface which can be effectively disinfected.
- Connector design is simple and all internal space is actively part of the fluid path.
- Manufacturer's testing demonstrates 3-5 second disinfection is effective and is not diminished over several days of use.
- What does peer reviewed published data demonstrate?

Is disinfection effective?

- Connector design has a split, slit or crevice in the access surface which does not support effective disinfection.
- Connector design permits contamination to fall into interior space created by complex design and the spaces cannot be flushed or disinfected.
- What does manufacturer's data demonstrate?
- What does peer reviewed published data demonstrate?



Disinfecting Caps

No cap needed if:

- Connector design has a solid, sealed access surface which can be effectively disinfected.
- Connector design is simple and all internal space is actively part of the fluid path.
- Testing demonstrates effective disinfection in 3 to 5 seconds over extended 7-8 day testing.

Cap is needed if:

- Connector design has a split, slit or crevice in access surface which does not support effective disinfection.
- Connector design permits contamination to fall into interior space created by complex design and the spaces cannot be flushed or disinfected.
- Testing demonstrates ineffective disinfection, effectiveness diminishes over several day testing









Blood Draws

- ∞ Is the connector INDICATED for aspiration of blood?
- ∞ How is this determined?
 - Review the Indications for use (IFU) of specific needleless connector on FDA website
- So Using a connector that is indicated for aspiration protects the catheter hub, reducing change outs and blood exposure



Disinfection Practice

- Unresolved issue for developing one guideline
- Individual design of each connector dictates different practices
- Time required? Can the connector be disinfected?
- Method required? An alcohol swab or cap?
- Solution required? Alcohol alone or CHG?

» Why does design matter?

- Quality of the surface seal
- Complex internal mechanism eliminates a solid sealed access surface

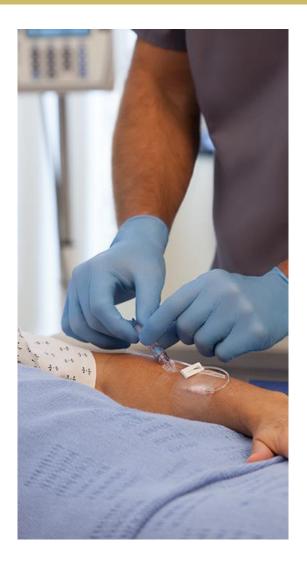
Protocols Differ Based on Design

Solved practice issues are caused by different connector designs

 One practice cannot be applied to all connector designs

Some practices are "Design Specific"

- $_{\circ}~$ It depends on the connector being used
- Design specific practice should be established by the Manufacturer in the devices' Instructions for Use



Ultimately Protocols Affect Work Flow and Cost of Use

Connector Change Intervals

- Should the Needleless Connector be considered part of the line ...?
- ∞ Or the part of the administrations set?

Important Practice Questions:

- ∞ Is the connector indicated for blood aspiration?
- So Can bacteria be effectively removed via friction and scrubbing with a solution?
- Does the manufacture recommend covering the connector when showering, or changing when contaminated? How does that affect your practice?
 How does that affect healthcare \$\$'s





- What is the impact of needleless connector design on performance outcomes in your clinical practice?
- 2. What steps have you taken to mitigate performance risks associated with needleless connectors?
- 3. How will you integrate a device risk reduction strategy into your catheter care protocols?
- 4. What is the best pathway to integrate technology solutions into your best clinical practices?

Questions

