

Infection Prevention in the Covid-19 Era: What to Focus on for the Future

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Disclosures

- No financial and non-financial disclosures
- These ideas are mine alone, not official policy

Three Areas of Focus

- 1. Surveillance
- 2. Respiratory protection
- 3. Teamwork

Surveillance

- 1. Incorporate molecular diagnostics
- 2. Build electronic data systems and communicate widely
- **3**. Embrace predictive analytics

NYULH Covid-19 Variant Surveillance



But regional surveillance is a critical need!

<u>NYSDOH Pilot Project</u>: Technology and Genomic Microbiology Platform for State-Wide Surveillance and Control of Antimicrobial Resistance



Molecular testing identifies pathogens of interest

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<u>NYSDOH Pilot Project</u>: Technology and Genomic Microbiology Platform for State-Wide Surveillance and Control of Antimicrobial Resistance



DOH identifies clusters and trends

Facility B notified when patient admitted with pathogen of interest isolated at Facility A or C

NYULH Hospital Admissions



Covid-19 Rate by Patient Zip Code

Over past 7 days:

- Rate per 10,000 NYU Patients over past 7 days
- Number of patients with acute infection



of patients with low Covid-19 PCR cycle threshold





As of October 14, 2021

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Open access	Original research
BMJ Health & Care Informatics	Development and validation of a machine learning model to predict mortality risk in patients with COVID-19

Anna Stachel ⁽ⁱ⁾, ¹ Kwesi Daniel, ¹ Dan Ding, ¹ Fritz Francois, ² Michael Phillips, ³ Jennifer Lighter⁴

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Open Forum Infectious Diseases

MAJOR ARTICLE

Using Machine Learning and the Electronic Health Record to Predict Complicated *Clostridium difficile* Infection

Benjamin Y. Li,¹ Jeeheh Oh,¹ Vincent B. Young,²³ Krishna Rao,²⁴ and Jenna Wiens^{1,4}

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Respiratory Protection

- **1**. Question the dogma: airborne vs droplet
- 2. Can we get to a simple and safe approach?
- 3. Personal Protective Equipment training: our new annual health assessment

Epidemiologic triangle

Type and Duration of Precautions Recommended for Selected Infections and Conditions¹

Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings (2007)

Appendix A: updates in September 2018

Respiratory virus Adenovirus Coronavirus (not Covid-19, SARS, MERS) Covid-19, SARS, MERS Enterovirus Human metapneumovirus Parainfluenza Pathogenic or novel influenza Rhinovirus RSV Seasonal influenza Isolation Precautions Droplet+Contact Standard Airborne+Contact Standard Contact Contact Contact (kids) Airborne Droplet Contact (kids, immunocompromised adults) Droplet

Pneumonia, viral, adults, not covered elsewhere

Standard

Exposure to Influenza Virus Aerosols During Routine Patient Care

Patient

Measurements of Airborne Influenza Virus in Aerosol Particles from Human Coughs

Lindsley et al, PLOSone, 2010

Fennelly, Lancet Resp Med, 2020

What is an aerosol generating procedure?

VII. Aerosol Generating Procedures and Environmental Controls

- 1. Aerosol generating procedures.
 - a. The CDC definition of an aerosol generating procedures is:
 - i. Endotracheal intubation or extubation
 - ii. Non-invasive and manual ventilation such as BiPAP, CPAP or bag valve mask ventilation
 - iii. CPR
 - iv. Bronchoscopy
 - v. Sputum induction
 - vi. Open suctioning of airways
 - b. The NYULH definition of an aerosol generating procedure includes those defined by the CDC plus the following:
 - i. Administration of nebulized medication not in closed respiratory circuits
 - ii. High flow oxygen delivery
 - iii. Tracheostomy collar oxygen delivery
 - iv. Oral, airway and sinus surgery
 - v. Dental cleaning
 - vi. Pulmonary function testing or spirometry
 - vii. Nasopharyngeal and upper GI endoscopy
 - viii. Activities when a patient not consistently wearing a face mask is breathing heavily or coughing, such as:
 - 1. Exercise stress testing
 - 2. Cardiac rehabilitation therapy
 - 3. Metabolic testing
 - 4. Swallow studies

Can we get to a simple and safe approach to respiratory protection?

Assumptions:

- Aerosol generation by patients is variable, but "superspreading" occurs and may include particles <5 μ m in size
- The full spectrum of aerosol generating procedures is unknown
- The epidemiologic triangle can help us determine risk:
 - Is the microbe pathogenic?
 - Is the host at risk?
 - Is the environment promoting transmission?

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If the answer is yes:

- Perhaps the simplest and safest approach is respirators (not masks) for PPE
- Respirator (and PPE) training should be a key annual health assessment

Patrick Lencioni

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- Define success collectively
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- 3. Smart
 - Have good "common sense" about people
 - Understand group dynamics
 - Listen and ask good questions

