



Why Worry? Superbugs in NYS: Multidrug-Resistant Organisms of Concern

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Disclosures

Speaker has no disclosures to report.



Objectives

- Multidrug-Resistant Bacteria of Concern
- Multidrug-Resistant Fungus of Concern
 - C. auris epidemiology in New York State
 - Patient characteristics
 - Environmental findings
 - Laboratory Findings
- Why Worry?





CDC's New Antibiotic Resistance Laboratory Network



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Lab Capacity Supported by the AR Solutions Initiative: Regional Labs



5

Bacteria: Why Worry?



Rapid Spread of CP-CRE in the United States

KPC-CRE found in the US spread from 2 states in 2001 to 49 states, DC, and PR in 16 years





States with Klebsiella pneumoniae carbapenemase (KPC)-producing Carbapenem-resistant Enterobacteriaceae (CRE) confirmed by CDC



7

Division of Healthcare Quality Promotion

Mechanisms of Carbapenem Resistance in US

Reported to the Centers for Disease Control and Prevention (CDC), by State

KPC-producing CRE



KPC enzyme None

Reported

Mechanisms of Carbapenem Resistance in US

Reported to the Centers for Disease Control and Prevention (CDC) 2017, by state

NDM-producing CRE





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Mechanisms of Carbapenem Resistance in US

Reported to the Centers for Disease Control and Prevention (CDC), by state OXA-48 enzyme

None Reported

OXA-48-Type-producing CRE



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Mechanisms of Carbapenem Resistance in US



VIM-producing CRE



None

Reported

CRE All Species, Overall Patient Prevalence Rate^{*}, NYS 2016

* **Overall Patient Prevalence Rate:** Number of first LabID events per patient per month (e.g., admission prevalent or hospital onset)/ Number of patient admissions to the hospital x 1000



Wadsworth Center Isolate Testing for Novel Resistance Mechanism



- NYS (34)
- NJ (19)
- MA (6)
- NYC (4)



2018 Testing (Jan-Mar) (NY, NJ, CT, MA, ME, NH, NYC)

164 isolates or specimens received!

February alone

- 33 CRE
- 17 CRPA
- 19 MDR Acinetobacter
- 59 ESBLs
- 17 CRE Colonization

*NYS Findings

• NDM, OXA-48, VIM, IMP, OXA-23 (CRPA)



Fungi: Why Worry?



Global *C. auris* Emergence: First Report of *C. auris,* Japan, 2009



Candida auris sp. nov., a novel ascomycetous yeast isolated from the external ear canal of an inpatient in a Japanese hospital

Kazuo Satoh^{1,2}, Koichi Makimura^{1,3}, Yayoi Hasumi¹, Yayoi Nishiyama¹, Katsuhisa Uchida¹ and Hideyo Yamaguchi¹

¹Teikyo University Institute of Medical Mycology, 359 Otsuka, Hachioji, Tokyo 192-0395, ²Japan Health Sciences Foundation, 13-4 Nihonbashi-Kodenmacho, Chuo-ku, Tokyo 103-0001 and ³Genome Research Center, Graduate School of Medicine and Faculty of Medicine, Teikyo University, Otsuka 359, Hachioji, Tokyo 192-0395, Japan

Satoh K, Makimura K, Hasumi Y, et al. *Candida auris* sp. nov., a novel ascomycetous yeast isolated from the external ear canal of an inpatient in a Japanese hospital. Microbiol Immunol. 2009;53:41–4.



Global *C. auris* Emergence: Rapid Emergence Since 2009







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Global C. auris Emergence

Clinical Infecti	lous Diseases	Infectious Diseases Society of America	hivma hiv medicine association
lssues More Content ▼ Publish	n ▼ Purchase Advertise ▼ About ▼	All Clinical Infectiou 🔻	Q Advanced Search
Clinical Infectious Diseases Volume 64, Issue 2 15 January 2017 Article Contents	EDITOR'S CHOICE Simultaneous Emergence 3 Continents Confirmed E 5 Continents C	e of Multidrug–Resistant Candid oy Whole–Genome Sequencing a s ha Vallabhaneni, Joveria Farooqi, Anuradha Chowdha bo, Belinda Calvo, Christina A. Cuomo, Christopher A. I e 2, 15 January 2017, Pages 134–140, history v	la auris on and ny, Desjardins,

https://academic.oup.com/cid/article/64/2/134/2706620

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Global C. auris Emergence

Countries from which Candida auris cases have been reported, as of July 31, 2018



Tracking *Candida auris*. Centers for Disease Control and Prevention website. https://www.cdc.gov/ fungal/candida-auris/tracking-c-auris.html. Accessed September 20, 2018. 18

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C. auris in U.S.



Toussaint, K. Health experts detail 'concerning' outbreak of Candida auris fungus in NYC. *Metro New York City*. September 21-23.



C. auris in U.S.

U.S. Clinical Cases of Candida auris Reported by State, United States, as of July 31, 2018



Tracking *Candida auris*. Centers for Disease Control and Prevention website. https://www.cdc.gov/fungal/candida-auris/tracking-c-auris.html. Accessed September 20, 2018.



C. auris in U.S.

U.S. Clinical Cases of Candida auris Reported by State, United States, as of July 31, 2018



Tracking *Candida auris*. Centers for Disease Control and Prevention website. https://www.cdc.gov/fungal/candida-auris/tracking-c-auris.html. Accessed September 20, 2018.



Why Worry?



Why Worry? C. auris in New York



Why Worry? C. auris in New York

Spread in Healthcare Facilities



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Why Worry? Spread in Healthcare Facilities





Cumulative number of Candida auris clinical cases





of Health

























- Data from first 51
 clinical cases in NYS
 - 31 (61%) in Long Term Care Facility (LTCF) immediately before hospital admission
 - 19 of 31

 (61%) in
 LTCFs with
 ventilator beds

Data from first 212 Clinical Cases

Healthcare Exposure Prior to Current Admission, Prior 90 Days	Number of Cases (n)	Percentage (%)	
Acute Care Hospital	185	79%	
Long Term Care Facility (Nursing Home)	74	31%	
None	32	15%	
Community	14	6%	
Long Term Acute Care Hospital	6	3%	
Other	3	1%	



Epidemiological Links Between Healthcare Facilities Affected by *C. auris*, New York State, 2013-2017



2013-2017. Emerg Infect Dis. 2018;24(10):1816-1824. https://dx.doi.org/10.3201/eid2410.180649

Intense NYS Efforts

- Incident Management System activation
- Case finding
- Hired additional staff
- Roundtable with healthcare leadership
- Required webinar for NYC hospitals and nursing homes



- Required infection control self-assessment survey for all NYC hospitals and nursing homes
- On-site reviews of all hospitals and nursing homes in Brooklyn and Queens to assess compliance with infection control requirements
- Point prevalence studies, environmental surveys & educational infection control assessments



Point Prevalence Surveys (PPS) in New York State

- As of March 25, 2018, 81 point prevalence surveys & environmental surveys had been conducted at 55 healthcare facilities
 - PPS:

4268 samples were collected from 2344 individuals

- 144 (6.1%) individuals had a positive *C. auris* culture
- 125 (5.3%) individuals had a positive *C. auris* PCR test


Why Worry? Spread in Healthcare Facilities

Facility Type (N=55)	# Patients <i>C. auris</i> Positive	# Total Patients Tested	% Positive for <i>C. auris</i>
Hospitals (N=22)	36	767	5.0
LTACHs* (N=1)	1	35	2.9
LTCFs**	88	1404	6.3
(N=30) Ventilator LTCFs (N=16)	86	1120	7.7
Non-Ventilator LTCFs (N=14)	2	284	0.7
Co-located Hospital & LTCF*** (N=2)	17	138	12.3



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Why Worry? Spread in Healthcare Facilities



Why Worry? C. auris in New York

Persistent Colonization



Why Worry? Persistent Colonization

Follow-up Cultures for Clinical C. auris Cases, by Case

- Data from first 43 • clinical patients in NYS
 - 2 deemed to be "cleared"
 - 19/43 (44%) • expired



Adaptation of Table from: Adams E, Quinn M, Tsay S, et al. Candida auris in Healthcare Facilities, New York, a USA, 2013 –2017. Emerg Infect Dis. 2018;24(10):1816-1824. https://dx.doi.org/10.3201/eid2410.180649

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Why Worry? C. auris in New York

Colonized Patients are Becoming Infected



Why Worry? Colonization to Infection



from *Candida auris* Colonization to Bloodstream Infection. Poster session presented at:IDWeek, 2018 Oct 3-6; San Francisco, CA.

Why Worry? C. auris in New York

Persistence in the Environment



Why Worry? Persistence in the Environment

Environmental Surveys (ES) in New York State

• As of March 2018, 81 point prevalence surveys & environmental surveys had been conducted at 55 healthcare facilities

ES:

2896 environmental samples collected

- 86 (3.0%) samples positive for *C. auris* by culture
 - 257 (8.9%) samples positive by PCR
- Many were from surfaces or equipment deemed to be "clean"





Why Worry? Persistence in the Environment

- *C. auris* recovered from multiple sites within patient & procedure rooms:
 - Call bells
 - TV remotes, telephones
 - Window sills
 - Curtains
 - Light cords
 - Ventilators
 - Blood pressure cuffs

- PPE carts
- Medication carts
- Clean supply carts
- Housekeeping carts
- IR suite equipment
- OR equipment





Why Worry? Persistence in the Environment



Survival, Persistence, and Isolation of the Emerging Multidrug-Resistant Pathogenic Yeast *Candida auris* on a Plastic Healthcare Surface

Rory M. Welsh, Meghan L. Bentz, Alicia Shams, Hollis Houston, Amanda Lyons, Laura J. Rose, Anastasia P. Litvintseva

DOI: 10.1128/JCM.00921-17

Welsh R, Bentz M, Shams A, et al. Survival, Persistence, and Isolation of the Emerging Multidrug-Resistant Pathogenic Yeast *Candida auris* on a Plastic Healthcare Surface. J Clin Micro. 2017;55(10):2996-3005.

46



Why Worry? C. auris in New York

Vulnerable Hosts



Why Worry? Vulnerable Hosts

- Currently, 57% of clinical cases are males
- Clinical cases have multiple underlying conditions

Age Range (Years)	# Cases (%)
<1	1 (0%)
1-18	0 (0%)
19-44	15 (12%)
45-64	67 (32 %)
>64	129 (61%)



Why Worry? Vulnerable Hosts

- Clinical cases through
 August 20, 2018
 - Blood and urine majority of first positive sites
 - Variety of sites

First Positive Site	Count	%
Blood	119	56
Urine	40	19
Wound/skin	18	8
Respiratory site	17	8
Other	9	4
Bile	4	2
Catheter tip or segment	3	1
Ear	2	1
Total	212	100



49

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Why Worry? Vulnerable Hosts

17	Ó

We ARE NOT seeing large numbers
of patients with C. auris who:

We ARE seeing large numbers of patients with C. auris who:

Are neutropenic	Are on ventilators
Are children	Have wounds, lines or drains
Are in the community	Are over the age of 65
Do not have co-morbid	Are nursing home residents with
medical conditions	frequent hospitalizations



Why Worry? C. auris in New York

High Mortality



Why Worry? High Mortality

Probability of Survival, All Cases Combined



Probability of surviving past:

2 days = 96% 7 days = 89% 30 days = 66% 60 days = 54% 90 days = 44%



Why Worry? C. auris in New York

Antifungal Drug Resistance



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Why Worry? Antifungal Drug Resistance



Antifungal resistant clade



Why Worry? Antifungal Drug Resistance

- Lockhart 2016: 54 isolates from Pakistan, India, South Africa, Venezuela, and Japan
 - Susceptibility testing
 - 93% resistant to fluconazole, 54% to voriconazole, 35% to amphotericin B, 7% to echinocandins, 6% to flucytosine
 - 41% resistant to ≥2 classes, 2 isolates resistant to 3 classes

Lockhart SR, Etienne KA, Vallabhaneni, S. Simultaneous Emergence of Multidrug-Resistant Candida auris on 3 Continents Confirmed by Whole-Genome Sequencing and Epidemiological Analyses. Clin Infect Dis. 2017 Jan 15;64(2):134-140.



Why Worry: Antifungal Drug Resistance

Antifungal susceptibility data for first *Candida auris* isolates from 51 clinical cases, New York, USA, 2013–2017

Antifungal	Tentative resistance breakpoint	MIC ₅₀	MIC range	No. (%) resistant
Fluconazole	>32	>256	8.00 to >256	<mark>50 (98)</mark>
Caspofungin	>2	0.060	0.03–0.25	0
Micafungin	>4	0.120	0.06–0.25	0
Anidulafungin	>4	0.250	0.12–0.50	0
Amphotericin B	>2	1.500	0.50–4.00	<mark>15 (29)</mark>
Flucytosine	NA	0.125	0.125–0.25	NA

Adams E, Quinn M, Tsay S, et al. Candida auris in Healthcare Facilities, New York, USA, 2013 – 2017. Emerg Infect Dis. 2018;24(10):1816-1824. https://dx.doi.org/10.3201/eid2410.180649



But, Why Worry?



But, Why Worry?

Infection Prevention and Control Measures are Challenging... But They Work!



What Are The Recommendations?

Infection Control & Prevention	Environmental Cleaning		
Hand Hygiene	Use EPA-Registered Hospital Grad Disinfectant Effective Against <i>C.</i> <i>difficile</i> spores ("List K")		
Isolation/Cohorting - Contact Precautions - Dedicated Equipment - Attention to transporting	 Attention to contact times Attention to high touch surfaces & moveable equipment 		
Reporting & Interfacility Communication			
Lab identification & Screen Contacts	NEW YORK STATE OF OPPORTUNITY. Department of Health		

Health Advisory: Update to Healthcare Facilities Regarding Multidrug-Resistant Yeast Candida auris

in New York State. 2017 CDC C. auris: https://www.cdc.gov/fungal/diseases/candidiasis/candida-auris.html

Back to the Basics

- Hand Hygiene (HH) is Essential
 - Assure HH dispensers & sinks are available
 - Encourage use of alcohol based hand rub (ABHR) (when appropriate) and soap/water
 - Review indication for HH with healthcare workers
 - Have a system to educate and audit HH (optimally to address different areas, providers & shifts)





Myth Buster: What Do We Encounter at Real Facilities?

Facility

Nursing Homes:

"This is their home...and we have them [alcohol based hand rub (ABHR) dispensers] inside of the rooms by the sink..."

Pertinent Factors/Data:

- Sinks are INSIDE room
- Does not promote HH on entrance and exit
- Some activities/equipment are in hallway
- Makes auditing challenging



Myth Buster: ABHRs

Facility

Nursing homes:

"We will be out of compliance because of fire or regulatory codes..."

Pertinent Factors/Data:

The NYC Fire Code allows the use and placement of ABHRs in resident corridors/hallways (NYC Fire Code 2014, Chapter 34, FC 3405)



Navigating the Codes



https://www1.nyc.gov/site/fdny/about/resources/code-and-rules/nyc-fire-code.page

> Addresses:

- Definitions of alcohol based hand rubs
- Installation & volumes of product and placement



63

Myth Buster: HH

Healthcare Workers:

- "Real HH with soap and water is better than alcohol based gel"
- "I don't like it (ABHR)
- "I am wearing gloves"

Pertinent Factors/Data:

- * "ABHR is the preferred method for cleaning your hands when they are not visibly dirty" (not *C. difficile*; ok for *C. auris*).
- More effective at killing potentially deadly germs on hands than soap
- Requires less time
- Is more accessible than handwashing sinks
- Produces reduced bacterial counts on hands
- Improves skin condition with less irritation and dryness than soap and water



CDC. Guidelines of HH in HC settings. MMWR. 2002:51 RR-16) Series tables with studies summarized log reductions (tables I-5 review log reductions)

CDC webpage:" Show me the science."

Pearls for Practical Implementation

- Have a HH Policy (includes nails)
- Engage Staff in some of the decisions
 - Pilot the products
 - Walk through work flow: ensure enough ABHR, determine placements of ABHR dispensers
- Auditing: Simple, some covert (secret shopper/"in and out"), share the data



Myth Buster: It Fits Like a Glove...

Indications for, and limitations of, glove use:

- Hand contamination may occur as a result of small, undetected holes in examination gloves (Doebbeling 1988, McLane 1983)
- Contamination may occur during glove removal (Olsen 1993)
- Wearing gloves does not replace the need for hand hygiene (Tenorio 2001)
- Failure to remove gloves after caring for a patient may lead to transmission of micro-organizations from one patient to another (Patterson 1991).



Myth Buster: Transmission-Based Precautions Signage

Facility

Nursing homes & Hospitals:

- "We can't have the diagnosis on the door...we can get cited."
- Default signage: "See Nurse"



From google images

Pertinent Factors/ Data:

CMS (42 C.F.R. section 483.10), signage restrictions do not apply to "the CDC isolation precaution transmission based signage for reasons of public health protection, as long as the sign does not reveal the type of infection" (CMS State Operations Manual, Appendix PP)*.

Bottom line: Signs can be more informative NEW YORK Department of Health

*Diagnosis, organism, or resident identifiers (e.g., name, bed number) should not be disclosed on for Transmission-Based Precautions Signs.

NYSDOH Resource

Table 1: Pros and Cons of Various Types of Transmission-based Precautions Signs*

Description	Pros	Cons	Comments
Signs stating the type of	Easily recognizable and meaningful	Not meaningful for visitors – might need	
precautions (e.g. "Contact	for healthcare providers	additional language such as "Visitors: see	
Precautions")		nurse"	
Signs stating the type of	Likely recognizable and meaningful	Not meaningful for visitors – might need	
precautions but without the	for healthcare providers; might be	additional language such as "Visitors: see	
word "precautions" (e.g.	less alarming to visitors than signs	nurse"	
"Contact", "Droplet")	with the word "precautions"		
Signs stating the type of	Easily recognizable and meaningful	Might be confusing or alarming for visitors and	
precautions (e.g. "Contact	for healthcare providers; remind	might need additional language such as	
Precautions") and providing	healthcare providers what needs to	"Visitors: see nurse"; might result in a large,	
detailed information about what	be done while caring for the resident	obtrusive, and/or cluttered sign	
those precautions entail (e.g.			
pictures of PPE to be worn)			
Signs with language such as	Useful for visitors; may be less	Might not be understood to indicate	NYSDOH staff have witnessed
"See nurse before entering"	alarming than signs that are more	Transmission-Based Precautions by healthcare	healthcare providers entering
	explicit about precautions	providers	rooms with these types of signs
Signs consisting of colored dots	Unobtrusive	Not meaningful for visitors – might need	without using PPE because the
to indicate which type of		additional language such as "Visitors: see	signs were not recognized as
precautions are required		nurse"; might not be understood to indicate	indicating Transmission-Based
		Transmission-Based Precautions by healthcare	Precautions. If these types of
		providers; not useful for healthcare providers	signs are chosen, the facility
		who are color-blind	should ensure that all
Signs consisting of symbols to	Unobtrusive and relatively easy for	Not meaningful for visitors – might need	healthcare providers and other
indicate precaution types (e.g. a	healthcare providers to remember	additional language such as "Visitors: see	staff receive effective, periodic
water drop to indicate Droplet		nurse"; might not be understood to indicate	training on the meaning of the
Precautions)		Transmission-based Precautions by healthcare	signs. Regardless of sign type,
		providers	adherence should be monitored.

* Legal questions regarding signage content and ensuring such signage complies with CMS and HIPAA requirements should be directed to facility counsel.

NYSDOH Resource: Transmission Based Precautions in Long Term Care Facilities Memo

Pros and Cons to different types signage

- See the nurse
- "Contact
 - precautions"
- Each precaution
- Verbal description PPE
- Pictures of PPE



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It's Not What You Wear... It's How You Wear It: Practical Implementation for PPE and isolation

- Understanding of standard and transmission based precautions
 -- Including isolation and who can be "cohorted together"
- Having PPE accessible
- Training on <u>When and How to Don and Doff PPE</u>
 - Include environmental staff
- Engaging the Staff in some of the decisions
 - Piloting the products
 - Walk through of work flow
- Auditing: simple, some covert (secret shopper), share data



But...Why Worry?

Environmental Cleaning is Challenging... But it Works!



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It's Not <u>Just</u> What You Clean... It's <u>How</u> You Clean It: Practical Implementation for Cleaning & Disinfection

The "Right" Stuff:

- Right Products:
 - EPA Register hospital grade disinfectants
 - For C. auris List K- EPA Registered to be effective

against C. difficile spores

- Right Time: Contact time
- Right Surfaces: Attention to highly touched
- Right Training
- Right Quality

http://www.cleanlink.com/hs/article/Identifying-And-Using-Hospital-Grade-Disinfectants--16318 NYSDOH. Health Advisory: Update to Healthcare Facilities Regarding Multidrug-Resistant Yeast Candida auris in New York State, 2017.



So Much to Clean, So Little Time...

Myth Buster: "The housekeepers take care of cleaning so it isn't my problem..."

- Many surfaces and equipment in the healthcare environment NOT cleaned by OR NOT ONLY by environmental services
- Address:
 - Detailed Cleaning Grid----"Who Cleans What List with What and When...?"
 - Multi-disciplinary rounds


Quality is Not Expensive... It's Priceless

Method	Pro	Con
Supervision/Visual Inspection	- Aids in training	 Labor Intensive Only when done You can't see microorganisms
Multi disciplinary Rounds	 Engages staff Identifies issues that cross staff type 	- Requires buy-in
Check lists	- Cheap	- Can be cumbersome - Subjective
Markers Tide Pen Glow Germ	 Aids in training Simple/ Cheap More objective (track trends) 	 Need to be planned Can be "gamed" No quantitative measure
ATP	 Quantitative measure Realtime feedback 	- Expensive

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Why Worry: Summary

C. auris:

- Emerged independently multiple times
- Spread rapidly among healthcare facilities in NYC area
- Individuals can be colonized for many months
- Colonized individuals can develop infections
- It is affecting individuals who are vulnerable hosts
- High mortality rate among infected individuals
- Can persist in the healthcare environment
- Potential for antifungal drug resistance



But, Why Worry?

C. auris:

- We have learned how *C. auris* and is transmitted
- Extensive infection control efforts to identify cases and optimize infection control interventions do work
- Local health department staff, hospital and nursing home staff, and federal agency staff are wonderful partners who are willing to assist with NYS efforts
- The more we know, the better!



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